

YOU=U & HIV

FREE 1-Day Seminar

UNDETECTABLE = UNTRANSMITTABLE

*for those who are HIV+
and those who love them.*

October 5, 2019

10 am – 5 pm in West Hollywood

Space is Limited!

Snacks, Beverages, and Lunch included.

Advanced Registration Required.

To register call **888-208-8081**
or online **LifeGroupLA.org/workshop**



Whether you're HIV+ or HIV- this 1-day workshop will provide you with the nuts, bolts and resources to understand U=U! Look in depth at the facts, science and real life journey of living and loving with an undetectable status. Prepare yourself and your loved ones for the future.

This one day seminar will connect you with experts in HIV Care with lots of time for questions and candid conversations that will leave you feeling informed, prepared, and elevated!!

KEY NOTE SPEAKERS



John Sovec
MA, LMFT
HIV Advocate, Educator



Thomas Davis
HIV Advocate, Founder,
The Catharsis Project



Michelle Simek
Patient Retention
Specialist

Topics presented during this 1-day focused seminar:

All About YOU=U. The latest in medical knowledge addressing U=U

The You in YOU=U. Understand the feelings, emotions and fears around U=U

Practical YOU=U. Real world knowledge regarding sex, intimacy, and U=U.